

## 2020 Nov/Dec Technical Indoor Training

The program will consist of 40 minutes of technical instruction (ball mastery, 1 v 1 moves, dribbling to change direction, first touch, passing and receiving, ball striking) followed by 20 minutes of small sided 3 v 3.

TFA will provide licensed staff coaches to conduct all training sessions. Log into your Demosphere account to register.

All players U14 and younger that participate in our select and recreational programs are eligible to attend. There are limited spots available and we will be closing registration when we hit capacity, so please don't hesitate to register.

Please note, for TFA select players who receive winter training (starting in January) as part of their club fees, this program is an additional opportunity and is not included in your club fees.



# TFA 2020 NOV/DEC TRAINING

### Important Information

**When:** Starting Monday, November 9th and running for 6 consecutive weeks: 11/9, 11/16, 11/23, 11/30, 12/7, 12/14

**Time:** 5:00 pm to 6:00 pm (U10,U9,U8); 6:00 pm to 7:00 pm (U11,U12,U13,U14)

**Where:** Soccer City –Large Field (Field D) Soccer City, 5700 Springdale Rd., Cincinnati, OH, 45247

**Cost:** \$85per player

**What to wear/ bring:** Please make sure the players are dressed in TFA training attire and bring an inflated ball and water